

MIND Institute at Miami Jewish Health

We believe people with Alzheimer's disease, memory changes and other neurocognitive disorders can continue to live with purpose and joy. Our entire practice is devoted to empathic diagnosis, brain fitness, innovative research, and high-touch, one-on-one care and support for individuals and their families.

An Empathic Approach to Care

MIND Institute provides a warm, inclusive environment in which clients experience meaningful ways to enhance both mind and brain. A dedicated team of experts emphasizes brain-healthy living, empathic diagnosis and management, and a strength-based approach to aging. We believe that there is purpose in our lives at every stage and that clients and their caregivers can find joy in exercise, activities, therapy, and each other. Our services include:

- **Memory Disorder Clinic** offers outpatient assessment and management for aging individuals with new neurocognitive changes or an established diagnosis, as well as care and financial resources, support programs and clinical trials.
- **Caregiver Support and Care Coordination** offers counseling, a caregiver support group and care coordination for those with greater need.
- **Girsh Cognitive Enrichment Program** offers weekly activities for individuals with mild to moderate cognitive impairment.
- **Meaningful MINDs** brain fitness program is designed to engage, enhance, and celebrate cognition, mood, and behavior in those with mild to moderate cognitive impairment.
- **Alzheimer's Prevention Program** offers an evidence-based program to assess risk factors and optimize brain health for clients with potential risk factors for neurocognitive changes.
- **Clinical Research and Trials** of the latest, state-of-the-art experimental treatments for Alzheimer's and associated conditions.

Miami Jewish Health also provides MIND Institute clients access to comprehensive care, including a wide array of support services, home care, Florida PACE Centers program for nursing home eligible patients, and residential living options.

