

ALZHEIMER'S PREVENTION PROGRAM

MIND Institute at Miami Jewish Health has always focused on the assessment and treatment of individuals after the onset of Alzheimer's disease and other forms of dementia. The Alzheimer's Prevention Program will be an important resource for individuals interested in identifying and mitigating their risk. This offering will be the first of its kind in Florida.



14M
Americans will
be living with
Alzheimer's by
2050



Alzheimer's
costs the US
economy
\$290B
a year



2nd
highest
prevalence of
Alzheimer's
in the
US

Incidence of
Alzheimer's
in Florida
grew by



14%
(2017-2021)

Stopping Cognitive Decline Before It Starts

With a burgeoning senior population and increase in incurable forms of dementia, we know that preventive offerings like the Alzheimer's Prevention Program become even more important.

Many individuals worry about their risk for developing Alzheimer's disease or another neurocognitive disorders based on family history. Others notice minor neurocognitive changes as they age and want to prevent further decline, if possible. The goal of the Alzheimer's Prevention Program is to engage our innovative structured, evidence-based program to provide these individuals with:

- Assessment of dementia risk factors, brain health and cognitive reserve
- Specialized genetic testing, cognitive testing and brain scans
- Tailored coaching on reversing or mitigating risk factors
- Support in adopting a brain healthy lifestyle

The development of the Alzheimer's Prevention Program is made possible with the support of the Applebaum Foundation.



Frank C. and Lynn Scaduto
MIND Institute